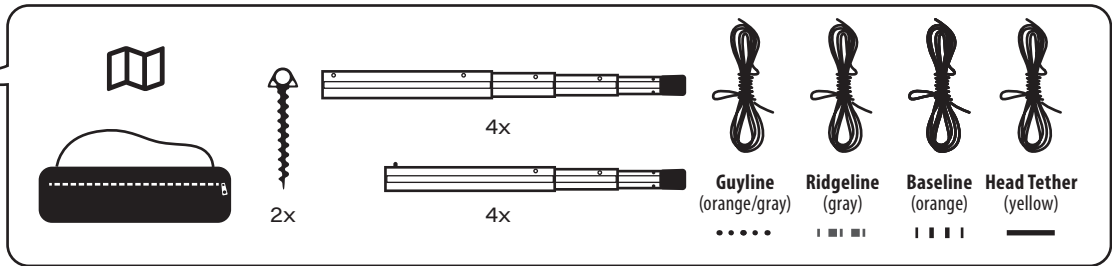


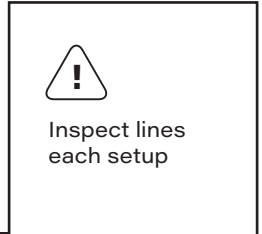
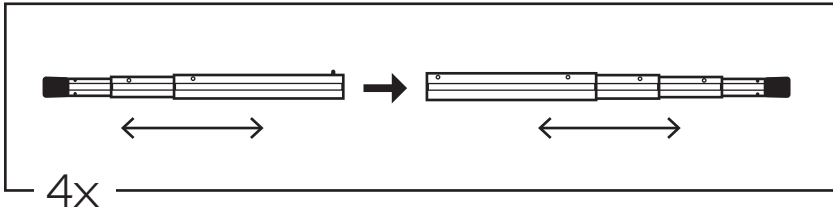
# TENSA4

Portable  
Hammock  
Stand

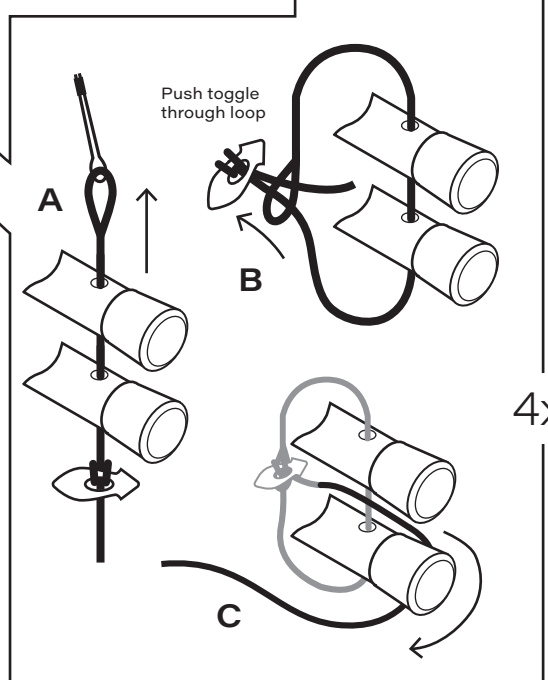
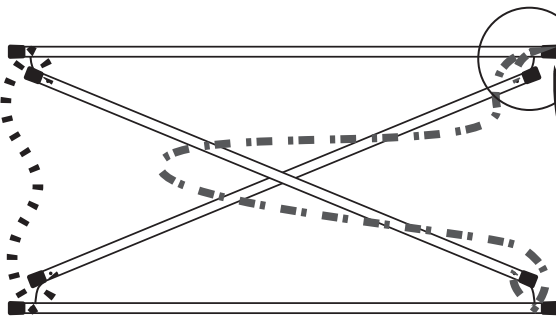
# Setup Instructions



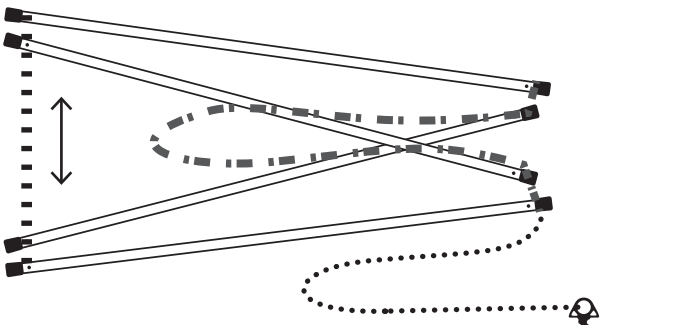
**1**  
Assemble poles



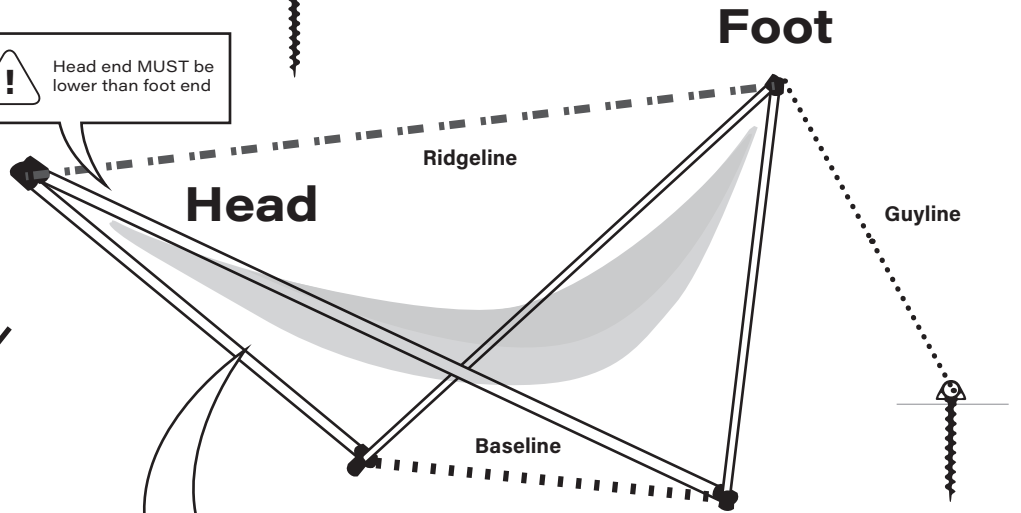
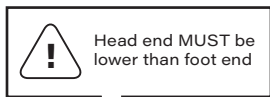
**2**  
Connect pole end pairs with baseline and ridgeline



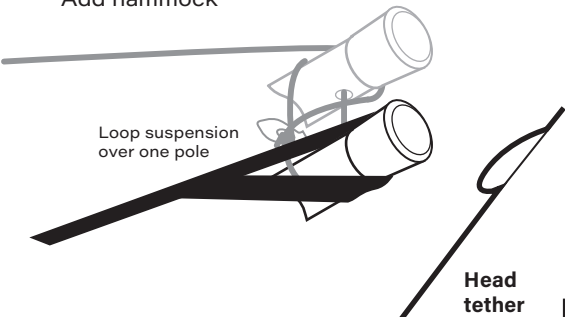
**3**  
Add guyline and anchor



**4**  
Erect stand

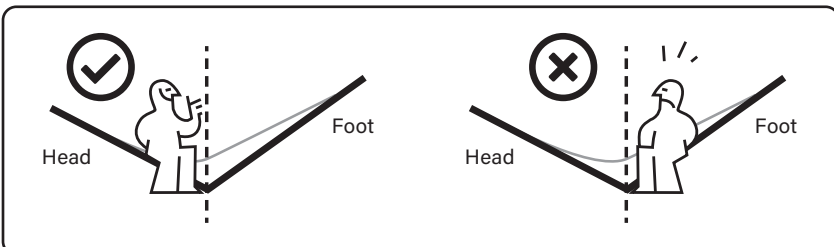
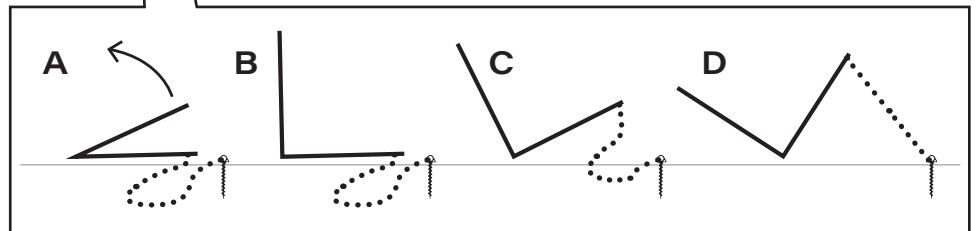


**5**  
Add hammock



**6**  
Add head tether

Add head tether AFTER adjusting hammock suspension and line lengths for comfort

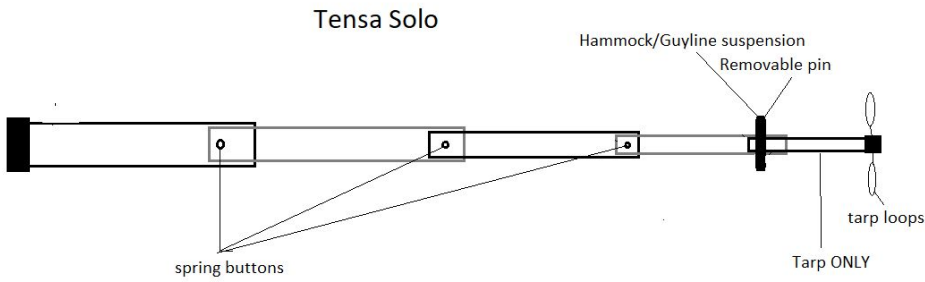


SETUP TIPS  
AND VIDEOS



# Tensa Solo instructions

Pull each collapsed 4-segment pole to full length, assuring that all spring buttons pop out completely. Insert the tarp extension segment into the top, securing with the removable pin.

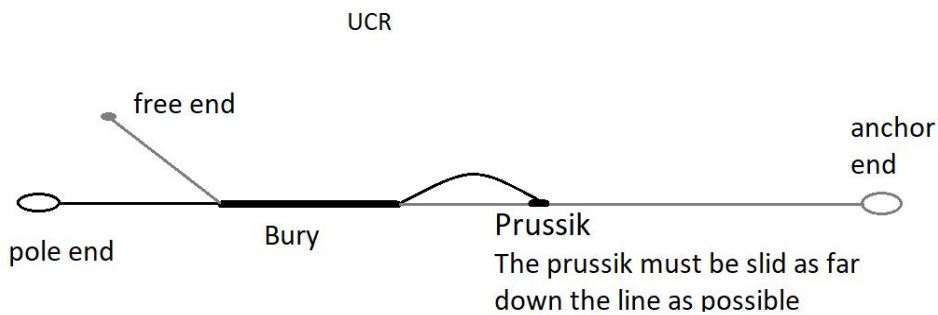


Drive in the ground anchors all the way, forming a triangle with the foot of the pole. Ground anchors in a larger triangle, further from the pole are less likely to pull out than those in a smaller triangle.

Attach the orange ends of the guylines to the ground anchors. Loop or lark's-head the black ends of the guylines and the hammock suspension loop/toggle over the tarp extension pole, resting on the pin to prevent sliding down the pole. **Do not attach hammock or guylines to the pin.**

Adjust the guyline lengths and pole position and angle to enable attaching the hammock, then make final tension adjustments.

Pull on the free end while holding the bury until you get the tension you want. Slide the prussik down until the line between the prussik and the bury is taut.



## Tips and tricks

- The more you angle the foot of the pole toward the center of the hammock, the lower the forces on the anchors
- Putting something (almost anything) under the foot of the pole prevents it from sinking into the ground
- The free end of the UCR guylines can guy out the tarp – always guy out the ends of the tarp if using one.
- Do **not** use the tarp loops to hang your hammock – they are designed to break under that kind of load.
- Never hang higher than you are willing to fall.

## Tensa Solo conversion instructions

1. Select a 4-segment Tensa4 strut, and remove the rubber foot.
2. Put the large foot over the large tubing end. This is tight: recommend you apply a little soap to help.
3. Insert the tarp extension into the smaller tube.
4. Use just as for the Tensa Solo